



**Thursday, January 19, 2017**

**OPEN HOUSE**  
**Monday, January 23**  
**6-7:30 p.m.**

**Attention 10<sup>th</sup> Grade Students and Parents**

It's time for your Individual Graduation Plan (IGP) meeting! This is the time of year when you sit down with your school counselor to review your high school progress, discuss post-secondary options, and plan your courses for the next school year. Our conferences will be conducted from Monday, January 23 – Thursday, February 16. We ask that you have your appointment scheduled by Friday, January 27. Click [HERE](#) to schedule your conference or call our office at 821-3420.

**Teen Talk will resume tomorrow, Thursday, January 19.** The times are from 10:30 – 11 a.m. and 11:30 a.m. – 12 p.m. Teen Talk is held in Room B210 each week during your lunch time. Need someone to talk to and share what is on your mind? Teen Talk gives you an opportunity to get together with friends, enjoy group discussions, and share what's on your mind. Some of the topics that are covered include self-esteem, decision making, relationships and future career goals. Learn how to make healthy choices. Join your friends and enjoy the group discussions.

**After School Math homework help will be on  
Monday, Tuesday, Thursday, and Friday.  
There will be no homework help on Wednesdays.**

**Beginning January 2017**

If a student is assigned detention, there will be 5 opportunities per week to serve.  
Detentions will be held in room A207. Dates and times are below.

**Monday, Wednesday, Friday – lunch detention**  
**10:30 – 11:06 a.m. (meet Coach Frazier at 10:25 a.m.)\***  
**11:55 a.m. – 12:32 p.m. (meet Coach Frazier at 11:50 a.m.)\***  
**1:20 – 1:58 p.m. (meet Coach Frazier at 1:15 p.m.)\***

\*only students allowed to complete lunch detention are those students leaving the cafeteria with Coach Frazier.  
Students assigned to mandatory ILT/Lab must complete ILT/Lab requirements before completing ILT/Lunch detention.

**Tuesday and Thursday – after school detention**

**3:35 – 4:20 p.m.**



The **2017 Polar Plunge at Lake Murray** will be held on **Saturday, February 11**. It's the coolest thing you'll do all year – not to mention you're creating more opportunities for our athletes to experience the life-changing benefits of participating in Special Olympics. Plungers must raise **\$50** to participate – T-shirt and lunch included.

**Schedule of events:**

- 10 a.m. – Plunge Kickoff/Registration
- 11:15 a.m. – Costume Contest (2 Categories: Individual and Team)
- 12 p.m. – PLUNGE TIME!

To join our team LHS either as Plunger or a Non-Plunger, you agree to raise a minimum of \$50. You also have an opportunity to donate to the team or to individuals on the team. Click on the link to join/donate:

<https://www.firstgiving.com/team/338637>

Contact Mrs. K. Watson or Mrs. Crowley with questions or for more information.

**National Honor Society Information**

Students who will be inducted into the National Honor Society on Sunday, January 22 need to check their email or the Schoology page and watch the video for instructions regarding the ceremony. Please email or see Ms. Houck if you have questions.

**LEXINGTON MEDICAL CENTER JOB SHADOWING**

Apply with you career specialist NOW! Dates to Shadow: Wednesday, February 8 and Thursday, February 9. Mr. Magyar E202 and Mrs. Augsburger E203

**Interested in becoming a Veterinarian? Check this out!**

Any rising high school junior, senior, or college freshman that is interested in the veterinary profession is encourage to look at UGA's VetCAMP (Veterinary **C**areer **A**ptitude and **M**entoring **P**rogram). This is a great opportunity to take advantage of over the summer and learn more about being a vet!

VetCAMP will house up to 52 high school students on UGA's campus for seven days. During the program, students will be involved in various activities aimed at evaluating their skills and competitiveness as future veterinarians, providing mentorship and helping them experience veterinary medicine as an exciting career path.

The application is due January 27 and can be found at <http://vet.uga.edu/academic/vetcamp>

Order your 2017 yearbooks before time runs out! In order to **GUARANTEE** a book you must have bought one online at [jostens.com](http://jostens.com) by February 10. This is when the yearbook staff will be finalizing the number of books ordered. Last year books sold out, so make sure to order now! If you are curious as to whether or not you have purchased a book email [lhsyearbook@lexington1.net](mailto:lhsyearbook@lexington1.net).

Yearbook is accepting picture submissions of student and life events!

Submit your pictures all year to <https://images.jostens.com/406053606>  
for your chance to have your pictures featured in the book!

## 2017 Boys and Girls Track and Field Tryout Information

1. Must have a physical dated after April 1, 2016.
2. Monday, January 30 at 3:45 p.m. first mandatory practice / tryouts
3. Boys Questions See Coach Oberly or email [moberly@lexington1.net](mailto:moberly@lexington1.net)
4. Girls Questions See Coach Gambrell or email [egambrell@lexington1.net](mailto:egambrell@lexington1.net)

## 2017 LHS GIRLS SOCCER TRY-OUT INFORMATION

1. Must have a High School physical dated after 4/1/16
2. Pre-Season Practice: **January 9-11.** (January 12 make-up) **3:50 – 5:30 p.m.** on Varsity Practice Field
3. Conditioning: **January 17 – 20 and January 23 – 27. 3:50 – 4:50 p.m.** Weight room and Varsity Practice Field
4. Varsity Try-outs: **January 30. 3:50 – 5:30 p.m.** on Varsity Practice Field
5. JV Try-outs: **January 31, February 1 – 2. 4:15 – 5:30 p.m.** on Varsity Practice Field
6. Questions? Contact Chris Fryland – [cfryland@lexington1.net](mailto:cfryland@lexington1.net)

## 2017 LHS BOYS SOCCER TRY-OUT INFORMATION

**Boys soccer will practice  
Tuesday, January 10 - Thursday, January 12.**

1. Must have a High School physical dated after 4/1/16, concussion paperwork, and parent permission form.
2. Preseason Practice: **January 9-12. 3:50 – 5:30 p.m.** on Varsity Practice Field
3. Conditioning: **January 17 – 20 and January 23 – 27. 3:50 – 4:50 p.m.** on Varsity Practice Field
4. Varsity Try-outs: **January 30 – February 1. 3:50 – 5:30 p.m.** on Varsity Practice Field
5. JV Try-outs: **January 31 and February 2-3. 4 – 5:30 p.m.** on JV Practice Field
6. Questions? Contact Coach Gettys – [wgettys@lexington1.net](mailto:wgettys@lexington1.net)

## 2017 LHS JV/VARSITY SOFTBALL TRY-OUT INFORMATION

1. Must have a physical dated after 4/1/2016
2. Must have signed parent permission form (physical and parent permission forms can be found at <http://tinyurl.com/gn97y78>)
3. When: **January 30 – February 1**
4. Time: **4 – 6 p.m.**
5. Location: Softball Field, behind LHS
6. All girls in grades 7–12 are eligible to try-out
7. Questions? Contact Coach Spires – [rspires@lexington1.net](mailto:rspires@lexington1.net)

**Join the Golden Blues in a Zumba Class taught by Allie Del Rio!  
TONIGHT from 6:30 – 7:30 p.m.** (doors open at 6)

LHS cafeteria

Enter through front doors of LHS

Pre-sold tickets – \$10

At the door tickets – \$12

Golden Blues Members will be selling pre-sold tickets

Plus -- Enter a \$10 Raffle for a FREE weekend in a Myrtle Beach condo!

Come to burn calories and have fun! Questions? Email [leahkincaid11@aol.com](mailto:leahkincaid11@aol.com)

Washington and Lee – Department of Music

Music Honors Weekend – A weekend of music honor ensembles and activities for high school juniors and seniors. January 26-28, 2017. For more information: [Go.wlu.edu/music-honors-weekend](http://Go.wlu.edu/music-honors-weekend)

### **Scholarships with deadlines that are approaching**

**James F. Byrnes Scholarship                      \$3,500/yr.                      Deadline: Submitted by February 1, 2017**

Average or above-average students who have lost one or both parents by death; plan to attend 4 year college; must have received their SAT/ACT scores (prior to submitting the application); financial need; applications are available online at [www.bynesscholars.org](http://www.bynesscholars.org). It is recommended that students type the application online, print and forward the hard copy in their completed application packet.

### **JOBS**

OVER 30 JOBS are posted here for the Lexington area! Take a look and apply! <http://tinyurl.com/gm495dm>  
Please see Mrs. Augsburger E203 if you want help applying for a job! More details are listed on the Digital signs in Counseling and the Main Office.

## **Wildcat Athletics**

Thursday, January 19

JV Girls, B-Team and JV Boys Basketball @ Spring Valley, 5:30, 6:45 and 7:45 p.m.

Friday, January 20

**Varsity Girls and Boys Basketball hosts Spring Valley, 6 and 7:30 p.m.**

Varsity Wrestling in the Patriot Duals @ JL Mann

Saturday, January 21

Varsity Wrestling continues @ JL Mann

**JV Wrestling hosts the Carolina Invitational**

Monday, January 23

**JV Girls, B-Team and JV Boys Basketball hosts Irmo, 5:30, 6:45, and 7:45 p.m.**

Tuesday, January 24

Varsity Girls and Boys Basketball @ Irmo, 6 and 7:30 p.m.

Wednesday, January 25

Varsity Wrestling vs Dutch Fork/Blythewood @ DF, 6 p.m.

Thursday, January 26

**JV Girls, B-Team and JV Boys Basketball hosts River Bluff, 5:30, 6:45 and 7:45 p.m.**

Friday, January 27

Varsity Girls & Boys Basketball @ River Bluff, 6 and 7:30 p.m.

**Varsity Wrestling hosts White Knoll (Sr. Recog.), 7 p.m.**